CRE School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location: Coral Reef Elementary – 1041

Principal: Christina Guerra

Phone number: 305-235-1464

School Wellness/Healthy School Team Leaders: Christina Guerra & Nancy Fowler

School Wellness/Healthy School Team Committee Members:

Christina Guerra (Administration/Team Leader)

Alyssa Maestas (Administration)

Nancy Fowler (Team Leader)

Christine Cintron (Teacher)

Jany Moreno (Cafeteria Manager)

Everly Rodriguez (Student/Garden Club Member)

Roseleen Hurtado-Rodriguez (Parent Volunteer)

Committee Meeting Dates: 11/4/26; 11/13/26; 12/4/26; 3/5/27; 4/2/27

ACTION PLAN: Nutrition, Physical Education, Physical Activity, Health and Nutrition Literacy, Preventive Healthcare

Nutrition: Promote the free breakfast and good eating habits, especially as testing approaches. Provide healthy meals and snacks daily to students, faculty and staff through the cafeteria.

Physical Education: 150 minutes of required PE; ASPEN Fitness Testing.

Physical Activity: Scheduled Recess time; Get Fit Fundraiser Event

Health and Nutrition Literacy: Continue our Garden to table program via Garden Club. Bring awareness to the value of nutrition by placing information throughout the school site and on our social media sites.

Preventive Healthcare: Continue to provide health screenings and fitness testing. Wellway Wellness Program. Swim safety program. Hello Week. Red Ribbon Week. Childhood Cancer Awareness Month. World Diabetes Day. National Walk & Roll Day.

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Sustainability Practices:

Posting environmental advocacy and nutritional educational flyers and information throughout the school.

Continue the practices of our Wellness program throughout the school.

Community Engagement:

Career Day

International Day

Father's in Education Day

Pastelitos con Abuelitos

Family Engagement Month (Eat Lunch with your Child/Family Day at the Heat/French Bistro/SkyZone).

Business partnerships in the local area

Monitoring and Evaluation:

Committee Meeting sign-in sheets.

Designated teacher responsible for monitoring/distributing harvested school garden produce.

Other Activities:

Garden Club, Cheerleading and Afterschool activities: Soccer, Tennis, Basketball, Flag Football, Yoga, Martial Arts, Hip Hop Dance, Chess