



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**

School Name & Location Number:	Coral Reef Elementary -1041
Principal:	Mrs. Christina. Guerra
Phone Number:	305-235-1464
School Wellness/Healthy School Team Leader:	Liliana Jones
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Mrs. C. Blanco Mrs. M. Lindner Ms. T. Williams FEA Club members
Committee Meeting Dates:	09/2023 (Faculty meeting) 12/2023 (Faculty meeting) 01/2024 (EESAC meeting) 02/2024 (Faculty meeting) 02/2024 (EESAC meeting)
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<b>Nutrition:</b> *Promote free breakfast, lunch & afterschool snacks *Provide healthy meal choices to students & staff *Provide healthy snacks during testing *Healthy garden crops by the Garden Club

	<p><b>Physical Education:</b>  *ASPEN physical fitness test, *Pre &amp; Posttest and provide scores to students &amp; parents, *Out of school field trip to Life Time, Kids Mile Run</p> <p><b>Physical Activity:</b>  *Monthly Fitness Calendar, *Afterschool Sports offered: flag football, soccer, basketball, cheerleading, dance</p> <p><b>Health and Nutrition Literacy:</b>  *Health Education Lessons incorporated in the physical education classes</p> <p><b>Preventive Healthcare:</b>  *We are a “Nut Free” school  *Faculty walks in the park afterschool  *Health &amp; wellness practices at LOLs &amp; faculty meetings</p>
<p><b>Sustainability Practices:</b></p>	<p>*Free school breakfasts, lunches &amp; afterschool snacks  *Water bottle filling stations  *Garden club to promote healthy fruits &amp; vegetables  *Outdoor learning spaces (turf lawn &amp; butterfly garden)</p>
<p><b>Community Engagement:</b></p>	<p>*Palmetto Bay Police  *Palmetto Bay political figures  *Community Partners  *School Health professionals  *Career Day  *DARE program  *Youth Crime Watch Club  *Good Samaritans Club</p>

Monitoring and Evaluation:	*Committee meetings *Garden club sponsor distributes harvest to students & staff *PTA involvement next year *Staff LOL to increase awareness
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	